

# Middle Township Physical Education Medical Exemption Assignment #1

## Sport-based Unit



### ASSIGNMENT RATIONALE

You will demonstrate knowledge and understanding of the PE unit you are currently missing. As a non participant you will do this through the creation of a sport or unit review packet. The packet will contain information that demonstrates your understanding of the sport/unit.

### ASSIGNMENT DESCRIPTION

1. **Student will:** research and develop an original study guide for the course/unit (Example - "Volleyball Study Guide"). The study guide must contain the following categories of information and be listed in the order presented below...

- **Title of the Unit**
- **History of the sport or activity**
- **Basic equipment description and needs**
- **Rules/Regulations**
- **Safety considerations**
- **Suggested game strategy (or purpose of activity if not a sport)**
- **Diagram of court or playing field**
- **At least one website resource (not to exceed 2)**

**2. Student will:** develop a worksheet or quiz that coincides with the study guide. Using fill in the blank statements, true or false statements, Yes or No questions and other types of questions, you will create a worksheet or quiz that will demonstrate an understanding of the information presented in the study guide. The worksheet must be at least 10-15 questions or items. It must include information from each of the categories. It must include an answer key.

**3. Student will:** create a check-list for two skills that are used in the sport or activity. Research the skills individually and break each down in to "steps to check for" or "verbal cues" that a teacher/coach would use in the teaching of the skill. Be creative- pictures, drawings, and diagrams are helpful.

### **ASSIGNMENT GRADING**

Your assignment will be evaluated on the following:

- Completion of all assignment tasks.
- Use of accurate information to develop your study guide, worksheet and skill cues/checklist.
- Creativity: artistic expression and design.
- Provided a list of resources that were used for the research/ assignment.
- Typed, Times New Roman 12 font